WHAT'S ON YOUR PLATE?
Exploring the World of Food

by Whitney Stewart
illustrated by Christiane Engel

ACTIVITY KIT
Word Search! Find these words from the book in the word search below. Do you remember them from the story? Search the grid horizontally, vertically, and diagonally to find the hidden words. (Letters may be used more than once.)

Words:
AMERICA
POTATOES
MEXICO
TACOS
BRAZIL
MOQUECA
PAELLA
ITALY
RISOTTO
GREECE
KALAMARI
MOROCCO
ETHIOPIA
HARIRA
ISRAEL
FALAFEL
INDIA
BIRIYANI
THAILAND
CHINA
JAPAN
SUSHI

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Drawing Activity

Yum! There’s nothing better than eating food you love. What’s your favorite and what country does it come from?
Writing Activity Everybody likes to eat—and there are so many new fun foods to discover in What’s On Your Plate? Answer these questions and tell us what you found out!

1. What new food did you learn about in this book?

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2. What new food are you most excited to try?

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3. Did you know France has over 500 types of cheese? Can you name five?

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4. What country would you like to visit and why?

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Memory Game  How good is your memory? Play this fun game and see!

First, ask an adult to help you cut out the cards.
Then, take the cards and lay them out, facedown.
Find a friend to play with! The first person to go picks two cards, turns them over, and sees if they match.
If they do, keep them! If they don’t, flip them back over. Then the other player tries.

When all the cards are gone, whoever has the most matches wins the game!
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WHAT'S COOKING AROUND THE WORLD?

Find out in this book that takes you to fourteen different countries and introduces amazing food along the way! Food is an important part of everyday life, and knowing what people eat in different parts of the world helps us understand each other. Did you know that much of Greek food culture is tied to its mountainous geography? Or that in India, religious customs influence people's diets? With over a dozen recipes included, this book lets you taste the flavors of the world in your very own kitchen. Are you ready for a delicious adventure?

Word Search Solution

S I T A L Y A Q P H S T S P J
A M E R I C A N L Y U N N A Y
O R A B E K Q S T A E X
X O I Z H E T U M C H H U L N
H M T A O A P I O H I A I L I
W E K A L A M A R Y I I A C
Q X I T T A O O N A L S A H
M I F E V O K T C A A A R E B
O C Y T E W E Z C Y O N A Q I
Q O G H Q L S S O T A D E R R
U P R I D T F I T P C O G I
E H E O G E V O A Y Y Q U J Y
C K E P C J S U B R A Z I L A
A C C O I D I X T A C O S N X N
F V E A R H I N D I A M Z E U

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